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Research Article

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Comparison of the Contact Lens-Shell Vs the Soft-Shell Technique for Corneal Endothelial Protection during Phacoemulsification in High-Risk Cataracts

Published On: September 16, 2026 | Pages: 042 - 047

Author(s): Dinesh N Maru*

Purpose: To compare the efficacy of the contact lens-shell technique (CST) and the conventional soft-shell technique (SST) in reducing corneal endothelial cell loss during phacoemulsification in eyes with high-risk cataracts. Setting: Single private eye care centre, Anand, Gujarat, India. Design: Prospective, randomized comparative study. Methods: Forty eyes with h ...

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Review Article

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Orthokeratology

Published On: July 16, 2026 | Pages: 010 - 023

Author(s): Vanshika Sharma, Ragni Kumari* and Monica Chaudhary

Background: Orthokeratology (Ortho-K) has evolved from a temporary refractive correction technique into a well-established, evidence-based intervention for myopia management. With the increasing global prevalence of myopia, particularly among children and adolescents, orthokeratology has gained prominence because of its ability to provide daytime spectacle-free vision ...

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Case Report

Idiopathic Epiretinal Membrane Treated with QIAPI 1®: Case Report

Published On: July 30, 2026 | Pages: 024 - 041

Author(s): Arturo Solís Herrera*, María del Carmen Arias Esparza and Paola E Solís Arias

Idiopathic epiretinal membrane (iERM) is a common cause of visual impairment that can lead to distortion and disorganisation of the retinal structure. Vitrectomy has been widely used for the treatment of this disorder. During surgery, the entire vitreous is removed, and the ERM is completely peeled. The internal limiting membrane (ILM) is also peeled if there is any r ...

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[DOI: 10.17352/2455-1414.000114](#)