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## Nonadherence to dietary recommendation and associated factors among type 2 diabetic patients in Illubabor zone, South West Ethiopia

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Introduction: Dietary adherence, as one of the cornerstones of diabetes self-management, is important to improve glycemic control and preventing diabetes complications, which affect patient's quality of life as well, impose a large economic burden on health care systems; however most patients have difficulty in adhering to dietary recommendations.

This study assess ...

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