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Review Article

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GLP-1 Based Therapies for Obesity in Older Adults: Current Evidence and Emerging Treatments

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Obesity is rising in prevalence among older adults (individuals over the age of 65 years) and is associated with cardiometabolic conditions, sarcopenia, frailty, and mobility limitations. This age group is particularly susceptible to the loss of lean mass and physical function, even though intentional weight loss may improve metabolic and functional health. This highl ...

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